

Bespoke Foot Orthoses Prescription Form



Patient Details

Name
Gender Male Female
Shoe Size Footwear Style
D.O.B
Weight (lbs)
Heel Height
Type of cast / image Foam Box Plaster of Paris Digital foot scan

Practitioner
Address
City Postcode
Telephone Order Date

Posting / Additions / Extensions

- Post to Calc vertical
 Post to these measurements from vertical
Rearfoot L° Varus Valgus R° Varus Valgus
Forefoot L° Varus Valgus R° Varus Valgus
- L mm Skive R mm Skive 2mm 4mm 6mm Med Lat
- Rearfoot Post L Intrinsic Extrinsic R Intrinsic Extrinsic
- Forefoot Post L Intrinsic Extrinsic Ext to Sulc R Intrinsic Extrinsic Ext to Sulc
- Type of Ext post Med Density (EVA) High Density (EVA)
 Horseshoe Unitized (built in post/ 1 piece device)
 Hemi post (medial) Hemi post (lateral)

ARCH FILL

- None (0%) Snug Fit (5%) Comfort Fit (15%) Loose Fit (50%)
Arch remains true to shape of cast/scan. Arch height reduced by % indicated.

SHELL SPECIFICATIONS

- Heel Cup Depth 14mm 16mm 18mm 20mm 22mm
1st Met Cut Out L R
1st Ray Cut Out L R
Shell Width Wide Narrow
Flange Med L R Lat L R
PF Groove L R (please indicate on cast)
Navicular Aperture L R (please indicate on cast)
Cuboid Aperture L R (please indicate on cast)

- Medial arch stiffener (increases stiffness / reduces flex in medial arch zone)
 Lateral arch stiffener (increases stiffness / reduces flex in lateral arch zone)
 Midfoot stiffener (increases stiffness / rigidity of midfoot of device)
 Medial arch flex zone (reduces shell thickness allowing med arch flex)
 Lateral arch flex zone (reduces shell thickness allowing lat arch flex)

ADDITIONS / ACCOMODATIONS

- Met Dome L Built in poly dome Classic foam dome R Built in poly dome Classic foam dome
- Met Bar L R
Heel Aperture with Poron® L R
Heel Cushion L R
Heel Raise L mm R mm
Mortons' Extension L R
Reverse Mortons Extension L R
Rigid Shaft Extension L R
Forefoot Ext with cut out MPJ L R
Poron Arch Pad L R 3.2mm 6.4mm

SPECIAL SERVICES

- £20 rush service - 5 days in house (POLY and EVA shells only)

Device Selection

FUNCTIONAL

- Everyday Functional (Nylon shell)
 Everyday Flex (Nylon shell + EVA post)
 Everyday Carbon (Carboplast + EVA post)

SPECIALISED

- Diabetech (soft + durable PU shell)
 MOSI - High inverted heel cup (Nylon shell)
 UCBL (High med + lat flanged Nylon shell)

TISSUE SPECIFIC RANGE

- Plantar Fasciopathy
 MTPJ CapsulitisMPJ
 Achilles Tendinopathy
 AAFF / Post Tib Tendon Dysfunction
 Peroneal Tendinopathy
 Hallux Rigidus (Nylon shell with rigid shaft ext to 1st)

DRESS - (Low profile device)

- Standard - Semi rigid intrinsic grind (Nylon shell)
 Flex - Semi flex intrinsic grind (Nylon shell)
 Cushion Flex - Semi flex intrinsic grind (Nylon shell with Poron plantar fill)
 Cobra Flex - Semi flex intrinsic grind, cobra shape (Nylon shell)

SPORT

- Polysport Pro (Nylon shell)
 Prosport Impact (Nylon shell with EVA post)
 Prosport Slim (soccer boot Nylon shell)
 Prosport Comfort (Direct milled EVA shell)
 Prosport Cycle (Graphite slimline shell)

Optional Specifications

SHELL MATERIAL

- Direct milled Polypropylene (Black)

RIGIDITY

- Rigid
 Semi Rigid
 Semi Flexible
(For variable density / flex see shell specification section)

PLANTAR ARCH FILL

- Poron

FOREFOOT EXTENSIONS

- Poron 1.6mm 3.2mm
 Lunasoft 2mm 3mm
 Orange
 Orange Grey Marble
 Royal Blue

TOP COVER

- Durafit (Premium synthetic leather)
 Purple Pink Orange
 Lime Patterned Black

Ultravynl (Metallic Vinyl)

- Blue Black Silver

Microsuede (black)

- Neolon (Fabric coated rubber)
Black 1.6mm 3.2mm

Lunalon 3.5mm (1.5mm neolon + 2mm Lunasoft)

- Lunairmed (Sky blue soft EVA)
 1.5mm 3mm

Poron / Vinyl (Black)

- 1.5mm 3.2mm

TOP COVER LENGTH

- Met Sulcus Full

BOTTOM COVER

- Durafit
 Agoflex (1mm plastic stiffener)
 Microsuede

NOTES / SPECIAL INSTRUCTIONS

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PRACTITIONERS' SIGNATURE

DATE